





























Month :

(CURRENT MONTH)

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						
						
						
						
						

Monthly Mind-Setting

GOALS

PERSONAL:

PROFESSIONAL:

FINANCIAL:

HEALTH:

FUN:

HOW DO THESE MONTHLY GOALS HELP ME MOVE FORWARD TOWARDS MY LONG-TERM VISION?

WHAT ARE THREE CHALLENGES I CAN ANTICIPATE THROWING ME OFF TRACK THIS MONTH?

WHAT EMPOWERING BELIEF DO I NEED TO REMEMBER ABOUT MYSELF WHEN THINGS GET HARD THIS MONTH?

Priorities

WHAT HARD THINGS HAVE I OVERCOME OR LIVED THROUGH THAT HAVE MADE ME STRONG ENOUGH TO KEEP GOING?